

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2024 thru Apr 30, 2024

Menu Name: BREAKFAST BRUNCH 6-8

Include Cost: No

Site:

Report Style: Detailed

Use Alternate Menu Name: No

Monday - 04/08/2024

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
003057 BRKFST, QUESADILLA WITH SALSA	EACH	1000	388	10.16	1042	*1	*N/A*	23.64	0.06	63	24.82	1.90	18.28	263	105.6	0.23	0.80
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	500	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	500	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	125	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	125	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			578	4.45	646	*52	*0	12.63	0.02	31	98.86	7.72	18.05	778	500.2	8.87	5.04
% of Calories				6.93%		*36.0%	*0%	19.7%	0.0%		68.4%		12.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 04/09/2024

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000280 YOGURT PARFAIT, PEACH BW/G	SERVING	1000	344	7.30	181	*20	*N/A*	10.55	0.00	2	58.80	3.00	4.50	1140	126.0	7.40	1.80
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	500	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			537	3.68	399	*53	*0	8.64	0.00	10	101.18	5.00	13.58	1394	513.0	6.67	3.99
% of Calories				6.17%		*39.5%	*0%	14.5%	0.0%		75.4%		10.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

### Wednesday - 04/10/2024

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002988 EGG BAKE BITES	servings	1000	119	2.49	189	1	*N/A*	8.95	0.00	129	2.98	1.00	5.97	0	39.8	0.00	0.72
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
002637 CEREAL, CINNTOSTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	500	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
000068 FRUIT, BANANAS FRESH	EACH	2000	105	0.13	1	14	*N/A*	0.39	0.00	0	26.95	3.07	1.29	76	5.9	10.27	0.31
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			468	2.04	375	*43	*0	7.87	0.00	52	87.13	5.71	14.93	724	478.9	7.24	5.06
% of Calories				3.92%		*36.8%	*0%	15.1%	0.0%		74.5%		12.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

**Thursday - 04/11/2024**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002533 PANCAKES, BUTTERMILK WG	SERVING 2 EACH	1500	140	0.00	200	6	*N/A*	3.00	0.00	0	28.00	2.00	4.00	0	0.0	0.00	1.44
002825 FRUIT, MIXED BERRY FROZEN	SERVING	750	90	0.00	0	16	*N/A*	0.00	0.00	0	20.00	2.00	0.00	0	0.0	0.00	0.00

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
001360 FRUIT, MELON CHUNKS	#8 SCOOP	3000	27	0.01	10	*2	*N/A*	0.05	*0.00	0	6.45	0.57	0.55	1038	5.7	16.74	0.18
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			462	1.14	420	*41	*0	6.09	*0.00	9	89.79	4.90	14.22	1711	467.3	17.14	4.17
% of Calories				2.22%		*35.5%	*0%	11.9%	*0.0%		77.7%		12.3%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

# Base Menu Spreadsheet

Portion Values

Apr 1, 2024 thru Apr 30, 2024

Friday - 04/12/2024

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	1500	229	1.05	201	*17	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	3	5.2	0.02	8.01
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15
000068 FRUIT, BANANAS FRESH	EACH	1000	105	0.13	1	14	*N/A*	0.39	0.00	0	26.95	3.07	1.29	76	5.9	10.27	0.31
001001 JUICE, APPLE 4.23 OZ SC	EACH	1500	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	500	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	750	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000228 MILK, NONFAT CHOCOLATE	CARTON	750	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			507	1.57	361	*47	*0	6.25	*0.00	9	102.86	6.82	12.12	680	392.7	34.19	7.46
% of Calories				2.79%		*37.1%	*0%	11.1%	*0.0%		81.2%		9.6%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

### Monday - 04/15/2024

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	500	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	500	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	500	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	500	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	500	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	2000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			526	1.62	414	*47	*0	6.71	0.00	10	104.00	7.42	13.50	907	511.7	6.00	5.67
% of Calories				2.77%		*35.7%	*0%	11.5%	0.0%		79.1%		10.3%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

**Tuesday - 04/16/2024**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000397 BISCUIT & GRAVY	SERVING	1000	224	5.09	513	*0	*N/A*	10.14	0.00	0	28.56	2.00	5.00	0	100.9	0.00	1.11
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00



**Base Menu Spreadsheet**

Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			477	2.82	487	*45	*0	7.92	0.00	9	87.85	4.50	13.33	1014	501.3	4.20	3.64
% of Calories				5.32%		*37.7%	*0%	14.9%	0.0%		73.7%		11.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

**Wednesday - 04/17/2024**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002953 EGG, SAUSAGE, CHEESE BURRITO	SERVING	1000	280	4.00	500	1	*N/A*	12.00	0.00	160	31.00	6.00	13.00	300	60.0	1.20	3.42
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	500	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
000068 FRUIT, BANANAS FRESH	EACH	2000	105	0.13	1	14	*N/A*	0.39	0.00	0	26.95	3.07	1.29	76	5.9	10.27	0.31
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			522	2.55	479	*43	*0	8.88	0.00	62	96.47	7.38	17.27	824	485.6	7.64	5.97
% of Calories				4.40%		*33.0%	*0%	15.3%	0.0%		73.9%		13.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 04/18/2024

Reimbursable Meal Total 3000

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002467 BRKFST, FR TST WG 2G	SERVING 2 EA	500	240	1.00	260	12	*N/A*	7.00	0.00	0	38.00	2.00	6.00	0	40.0	0.00	0.72
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	500	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	500	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	500	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
002637 CEREAL, CINNTOASTERS 2GB	BOWL	500	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	500	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
001360 FRUIT, MELON CHUNKS	#8 SCOOP	3000	27	0.01	10	*2	*N/A*	0.05	*0.00	0	6.45	0.57	0.55	1038	5.7	16.74	0.18
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			519	1.72	491	*40	*0	8.22	*0.00	10	97.54	5.23	14.97	1802	510.7	17.14	4.83
% of Calories				2.98%		*30.8%	*0%	14.3%	*0.0%		75.2%		11.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

### Friday - 04/19/2024

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001605 PIZZA, PUFFS ELEM.	EACH	1500	301	3.65	615	*3	*N/A*	8.22	*0.00	23	44.26	2.20	13.27	473	24.6	2.25	2.48
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36
000068 FRUIT, BANANAS FRESH	EACH	1000	105	0.13	1	14	*N/A*	0.39	0.00	0	26.95	3.07	1.29	76	5.9	10.27	0.31
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001001 JUICE, APPLE 4.23 OZ SC	EACH	1500	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	500	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	750	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	750	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			543	2.87	568	*40	*0	8.57	*0.00	18	102.64	7.42	16.21	915	402.4	35.31	4.69
% of Calories				4.76%		*29.5%	*0%	14.2%	*0.0%		75.6%		11.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

**Monday - 04/22/2024**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	1000	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	67	116.7	0.00	1.98
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	1000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	500	100.0	0.00	0.00
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			590	1.96	399	*60	*0	8.45	*0.00	22	115.59	7.99	14.72	963	553.9	8.80	4.29
% of Calories				2.99%		*40.7%	*0%	12.9%	*0.0%		78.4%		10.0%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 04/23/2024

Reimbursable Meal Total 3000

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000587 EGG & CHEESE ON MINI BUN	SERVING	1000	250	5.50	400	*0	*N/A*	14.00	0.00	145	20.00	1.00	11.00	0	80.0	0.00	1.08
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002637 CEREAL, CINNTOSTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			486	2.96	449	*45	*0	9.21	0.00	57	85.00	4.17	15.33	1014	494.3	4.20	3.63
% of Calories				5.48%		*37.0%	*0%	17.1%	0.0%		70.0%		12.6%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

**Wednesday - 04/24/2024**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001852 BRKFST, PIZZA TURKEY SAUSAGE	EACH	1000	210	2.00	350	5	*N/A*	7.00	0.00	15	27.00	3.00	9.00	0	100.0	0.00	1.80
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
000068 FRUIT, BANANAS FRESH	EACH	2000	105	0.13	1	14	*N/A*	0.39	0.00	0	26.95	3.07	1.29	76	5.9	10.27	0.31
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00



**Base Menu Spreadsheet**

Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			482	1.88	428	*43	*0	7.13	0.00	14	91.30	5.88	15.52	724	498.9	7.24	4.08
% of Calories				3.51%		*35.7%	*0%	13.3%	0.0%		75.8%		12.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 04/25/2024

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002533 PANCAKES, BUTTERMILK WG	SERVING 2 EACH	1000	140	0.00	200	6	*N/A*	3.00	0.00	0	28.00	2.00	4.00	0	0.0	0.00	1.44
002825 FRUIT, MIXED BERRY FROZEN	SERVING	750	90	0.00	0	16	*N/A*	0.00	0.00	0	20.00	2.00	0.00	0	0.0	0.00	0.00
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
001360 FRUIT, MELON CHUNKS	#8 SCOOP	3000	27	0.01	10	*2	*N/A*	0.05	*0.00	0	6.45	0.57	0.55	1038	5.7	16.74	0.18
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			438	1.14	387	*40	*0	5.59	*0.00	9	85.12	4.57	13.55	1711	467.3	17.14	3.93
% of Calories				2.34%		*36.5%	*0%	11.5%	*0.0%		77.7%		12.4%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

**Friday - 04/26/2024**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	1000	229	1.05	201	*17	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	3	5.2	0.02	8.01
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15
000068 FRUIT, BANANAS FRESH	EACH	1000	105	0.13	1	14	*N/A*	0.39	0.00	0	26.95	3.07	1.29	76	5.9	10.27	0.31
001001 JUICE, APPLE 4.23 OZ SC	EACH	1500	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	500	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	750	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	750	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			469	1.39	328	*44	*0	5.66	*0.00	8	95.41	6.65	11.27	680	391.8	34.19	6.12
% of Calories				2.67%		*37.5%	*0%	10.9%	*0.0%		81.4%		9.6%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

**Monday - 04/29/2024**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
003057 BRKFST, QUESADILLA WITH SALSA	EACH	1000	388	10.16	1042	*1	*N/A*	23.64	0.06	63	24.82	1.90	18.28	263	105.6	0.23	0.80
002637 CEREAL, CINNTOASTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	500	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	500	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	125	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	125	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			578	4.45	646	*52	*0	12.63	0.02	31	98.86	7.72	18.05	778	500.2	8.87	5.04
% of Calories				6.93%		*36.0%	*0%	19.7%	0.0%		68.4%		12.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

**Tuesday - 04/30/2024**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000280 YOGURT PARFAIT, PEACH BW/G	SERVING	1000	344	7.30	181	*20	*N/A*	10.55	0.00	2	58.80	3.00	4.50	1140	126.0	7.40	1.80
002637 CEREAL, CINNTOSTERS 2GB	BOWL	250	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	250	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	250	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08
001869 BRKFST, MINI CINNIS	EACH	500	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2024 thru Apr 30, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08
Weighted Daily Average			537	3.68	399	*53	*0	8.64	0.00	10	101.18	5.00	13.58	1394	513.0	6.67	3.99
% of Calories				6.17%		*39.5%	*0%	14.5%	0.0%		75.4%		10.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	513	2	452	*46	*0	8.18	*0.00	22	96.52	6.12	14.72	1060	481	13.62	4.80
% of Calories		4.33%		*35.9%	*0%	14.4%	*0.0%		75.3%		11.5%				

# Base Menu Spreadsheet

Portion Values

Apr 1, 2024 thru Apr 30, 2024

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*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE:** *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*